



*Scoil Mhuire Gan Smál  
New Inn,  
Cashel,  
Co. Tipperary E25 VH05  
22/2/22*

*Phone/Fax (052) 7462122*

Dear Parents,

Relationships and Sexuality Education (RSE) is an integral part of the Social, Personal and Health Education (SPHE) programme. The sensitive elements of the Relationship and Sexuality Education programme are covered under the Strand Units, “Growing and Changing” and “Taking Care of my Body”. We will be completing these Strand Units with 3<sup>rd</sup> & 4<sup>th</sup> class over the next month.

**Now** might be a suitable time to have a chat with your child on this topic.

Please find attached the lesson content (sensitive issues) across the 3<sup>rd</sup> & 4<sup>th</sup> classes which outlines the material that will be covered in the various classes.

3rd / 4th

<https://www.pdst.ie/sites/default/files/RSE%20Manual%203rd%20and%204th%20V2.pdf>

Yours sincerely,

---

Karen Bourke