

Fine motor skills development

Activities to do at home:

- Playdoh manipulation – free play and give tasks – e.g. hide and find small objects in the playdoh, pretend to cut it using fingers as scissors and alternating fingers used, make tiny balls out of it, roll it into shapes, twist/squeeze/squish/push/pull/mould it.
- Use clothes pegs
- Using chopsticks and tweezers to move small items around
- Popping bubble wrap
- Cutting along dotted lines – various shapes (Worksheets enclosed)
- Using pencil to trace patterns & pictures (Worksheets enclosed)
- Jigsaw puzzles
- Weaving wool around objects
- Games such as Connect 4, Snakes & Ladders etc.