# Sporting Activities for October 2018

## 1. P.E

- Dance lessons with Ms. Cronin every Wednesday for all classes.
- Camogie every Thursday with Brian White for 1<sup>st</sup>-6<sup>th</sup> Class.
- Athletics strand being covered by all classes this month.

#### 2. Athletics

- Training after school with Mrs.Ryan on Thursday 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> and Monday 22<sup>nd</sup>.
- Atheltics competition in Marlfield Clonmel on Wednesday 24<sup>th</sup> October.

# 3. Busy Breaks

- Busy Breaks every Wednesday lunch time with the whole school. Active schools reps in charge of running activities.
  - > Juniors: Parachute
  - Seniors: Obstacle course
  - ≻1<sup>st</sup> Class: Games
  - ≥ 2<sup>nd</sup>/3<sup>rd</sup> Class: Games
  - > 4<sup>th</sup>-6<sup>th</sup> Class: Dodgeball/Soccer/Lines

#### 4. Go-Noodle

- Children partake in various Go-Noodle exercises throughout the week in their classrooms.
- During wet days, children complete 'Go-Noodle Recess'. This is led by members from The Active School Committee or The Student Council.

## 5. Football Blitz

- U13 football blitz held in Golden on Wednesday 3<sup>rd</sup>. The girls had mixed fortunes winning 2 matches, drawing 1 match and losing 1 match. Well done girls.
- U11 football blitz held in New Inn on Monday 22<sup>nd</sup>. The girls played some great football winning 1 match and losing 2.

# 6. Laps

• Children run a lap of the school after break time/lunch time throughout the week.