

Sporting Activities for January 2019

1. P.E

- Regular P.E classes for Juniors - 6th classes on Wednesday/Thursday. Focus on gymnastics strand.

2. Ball Handling Skills

- Ball Handling Skills on Thursday 24th & 31st for Junior & Senior Infant classes with Brian White.

3. Dance

- Dance lessons with Ms. Cronin on Wednesday 9th, 16th & 30th for all classes.

4. ASAP

- ASAP on Wednesday 16th, 23rd, 30th for pupils from 1st - 4th Class. An array of skills and activities taught by Mrs. Ryan, Ms. Bailey along with parent volunteers.

5. Go-Noodle

- Children partake in various Go-Noodle exercises throughout the week in their classrooms.
- During wet days, children complete 'Go-Noodle Recess'. This is led by members from The Active School Committee or The Student Council.

6. Laps

- Classes partake in running a lap around the school after break/lunch time. This happens a few times a week.

7. Swimming

- 1st - 6th class pupils had swimming lessons on Friday 18th & 25th in Clonmel Swimming Pool. This will be a 9 week programme.