

# Sporting Activities for March 2018

## 1. P.E

- Regular P.E classes for Juniors - 6<sup>th</sup> classes on Wednesday/Thursday.

## 2. Ball Handling Skills

- Ball Handling Skills on Thursday 1<sup>st</sup> & 8<sup>th</sup> for Junior & Senior Infant classes with Brian White.

## 3. Dance

- Dance lessons with Ms. Cronin on Wednesday 7<sup>th</sup>, 14<sup>th</sup> & 21<sup>st</sup> for all classes.

## 4. ASAP

- ASAP on Wednesday 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> for pupils from 1<sup>st</sup> - 4<sup>th</sup> Class. An array of skills and activities taught by Mrs. Ryan, Ms. Bailey along with parent volunteers.

## 5. Go-Noodle

- Children partake in various Go-Noodle exercises throughout the week in their classrooms.
- During wet days, children complete 'Go-Noodle Recess'. This is led by members from The Active School Committee or The Student Council.

## 6. Morning Madness

- Classes partake in Morning Madness every morning in their line. The teacher and Active School Committee members lead the

whole school in getting moving in their line for 5 minutes before school starts.

## 7. 10@10

- Classes partake in 10@10 in their own classrooms throughout the week. This is in junction with Operation Transformation.

## 8. Fundamental Skills

- Junior & Senior Infants took part in learning the fundamental skills of football on Tuesday 6<sup>th</sup> & 13<sup>th</sup>. This is delivered by Declan Crowe.

## 9. Swimming

- 1<sup>st</sup> - 6<sup>th</sup> class pupils completed swimming lessons on Friday 2<sup>nd</sup>, 9<sup>th</sup> & Tuesday 20<sup>th</sup> in

Clonmel Swimming Pool. This was a 9 week programme.

## 10. Camogie

- Camogie on Thursday 22<sup>nd</sup> for 1<sup>st</sup> - 6<sup>th</sup> class with Brian White.

## 11. Céilí

- All the classes partook in a Céilí for Seachtaine na Gaeilge. Each class had to perform a traditional Irish dance, e.g. The Siege of Ennis.