

Sporting Activities for September 2017

1. P.E

- Dance lessons with Ms.Cronin every Wednesday for all classes.
- Football every Thursday with Brian White for 1st-6th Class.
- Athletics strand being covered by all classes this month.

2. Athletics

- Training after school with Mrs.Ryan on Tuesday 12th,19th & 26th.
- Athletics competition in Thurles on Tuesday 4th October. It was supposed to be held on Wednesday 27th September but cancelled due to weather.

3. Busy Breaks

- Busy Breaks every Wednesday lunch time with the whole school. Active schools reps in charge of running activities.
 - Juniors: Parachute
 - Seniors: Obstacle course
 - 1st Class: Games
 - 2nd/3rd Class: Games
 - 4th-6th Class: Dodgeball

4. Go-Noodle

- Children partake in various Go-Noodle exercises throughout the week in their classrooms.
- During wet days, children complete 'Go-Noodle Recess'. This is led by members from The Active School Committee or The Student Council.

5. Laps

- Children run a lap of the school after break time and lunch time on a weekly basis.
- Classes are staggered to avoid accidents, e.g. Junior Infants start, followed by Senior Infants, followed by 1st Class, etc.