

# Sporting Activities for September 2018

## 1. P.E

- Dance lessons with Ms.Cronin every Wednesday for all classes.
- Football every Thursday with Brian White for 1<sup>st</sup>-6<sup>th</sup> Class.
- Camogie Monday 17<sup>th</sup> and 24<sup>th</sup> for 3<sup>rd</sup>-4<sup>th</sup>.
- Athletics strand being covered by all classes this month.

## 2. Athletics

- Training after school with Mrs.Ryan on Tuesday 11<sup>th</sup>, 18<sup>th</sup> & 25<sup>th</sup>.
- Athletics competition in Thurles on Tuesday 26<sup>th</sup> September for 3<sup>rd</sup>-6<sup>th</sup>.

### 3. Wacky Wednesdays

- Every Wednesday lunch time with the whole school. Active schools reps in charge of running activities.
  - Juniors: Parachute
  - Seniors: Obstacle course
  - 1<sup>st</sup> Class: Games
  - 2<sup>nd</sup>/3<sup>rd</sup> Class: Games
  - 4<sup>th</sup>-6<sup>th</sup> Class: Squirt

### 4. Go-Noodle

- Children partake in various Go-Noodle exercises throughout the week in their classrooms.
- During wet days, children complete 'Go-Noodle Recess'. This is led by members from The Active School Committee or The Student Council.