

Sporting Activities for February 2018

1. P.E

- Regular P.E classes for Juniors - 6th classes on Wednesday/Thursday.

2. Ball Handling Skills

- Ball Handling Skills on Thursday 1st, 8th, 15th, 22nd for Junior & Senior Infant classes with Brian White.

3. Dance

- Dance lessons with Ms. Cronin on Wednesday 7th, 14th & 21st for all classes.

4. ASAP

- ASAP on Wednesday 7th, 14th, 21st, 28th for pupils from 1st - 4th Class. An array of skills and activities taught by Mrs. Ryan, Ms. Bailey along with parent volunteers.

5. Go-Noodle

- Children partake in various Go-Noodle exercises throughout the week in their classrooms.
- During wet days, children complete 'Go-Noodle Recess'. This is led by members from The Active School Committee or The Student Council.

6. Morning Madness

- Classes partake in Morning Madness every morning in their line. The teacher and Active School Committee members lead the

whole school in getting moving in their line for 5 minutes before school starts.

7. 10@10

- Classes partake in 10@10 in their own classrooms throughout the week. This is in junction with Operation Transformation.

8. Fundamental Skills

- Junior & Senior Infants took part in learning the fundamental skills of football on Tuesday 16th, 23rd & 30th. This is delivered by Declan Crowe.

9. Swimming

- 1st - 6th class pupils had swimming lessons on Friday 19th & 26th in Clonmel Swimming Pool. This will be a 9 week programme.

