

# Sporting Activities for October 2017

## 1. P.E

- Dance lessons with Ms. Cronin every Wednesday for all classes.
- Football every Thursday with Brian White for 1<sup>st</sup>-6<sup>th</sup> Class.
- Athletics strand being covered by all classes this month.

## 2. Athletics

- Training after school with Mrs. Ryan on Tuesday 5<sup>th</sup>, 12<sup>th</sup> & 19<sup>th</sup>.
- Athletics competition in Marlfield Clonmel on Wednesday 25<sup>th</sup> October.

### 3. Busy Breaks

- Busy Breaks every Wednesday lunch time with the whole school. Active schools reps in charge of running activities.
  - Juniors: Parachute
  - Seniors: Obstacle course
  - 1<sup>st</sup> Class: Games
  - 2<sup>nd</sup>/3<sup>rd</sup> Class: Games
  - 4<sup>th</sup>-6<sup>th</sup> Class: Dodgeball

### 4. Go-Noodle

- Children partake in various Go-Noodle exercises throughout the week in their classrooms.
- During wet days, children complete 'Go-Noodle Recess'. This is led by members from The Active School Committee or The Student Council.

## 5. Football Blitz

- U13 football blitz held in Moyle Rovers on Wednesday 4<sup>th</sup>. The girls had mixed fortunes winning 1 match and losing 1 match. Well done girls.
- U11 football blitz held in New Inn on Monday 23<sup>rd</sup>. The girls played some great football winning 2 matches and losing 1.

## 6. Laps

- Children run a lap of the school after break time/lunch time throughout the week.